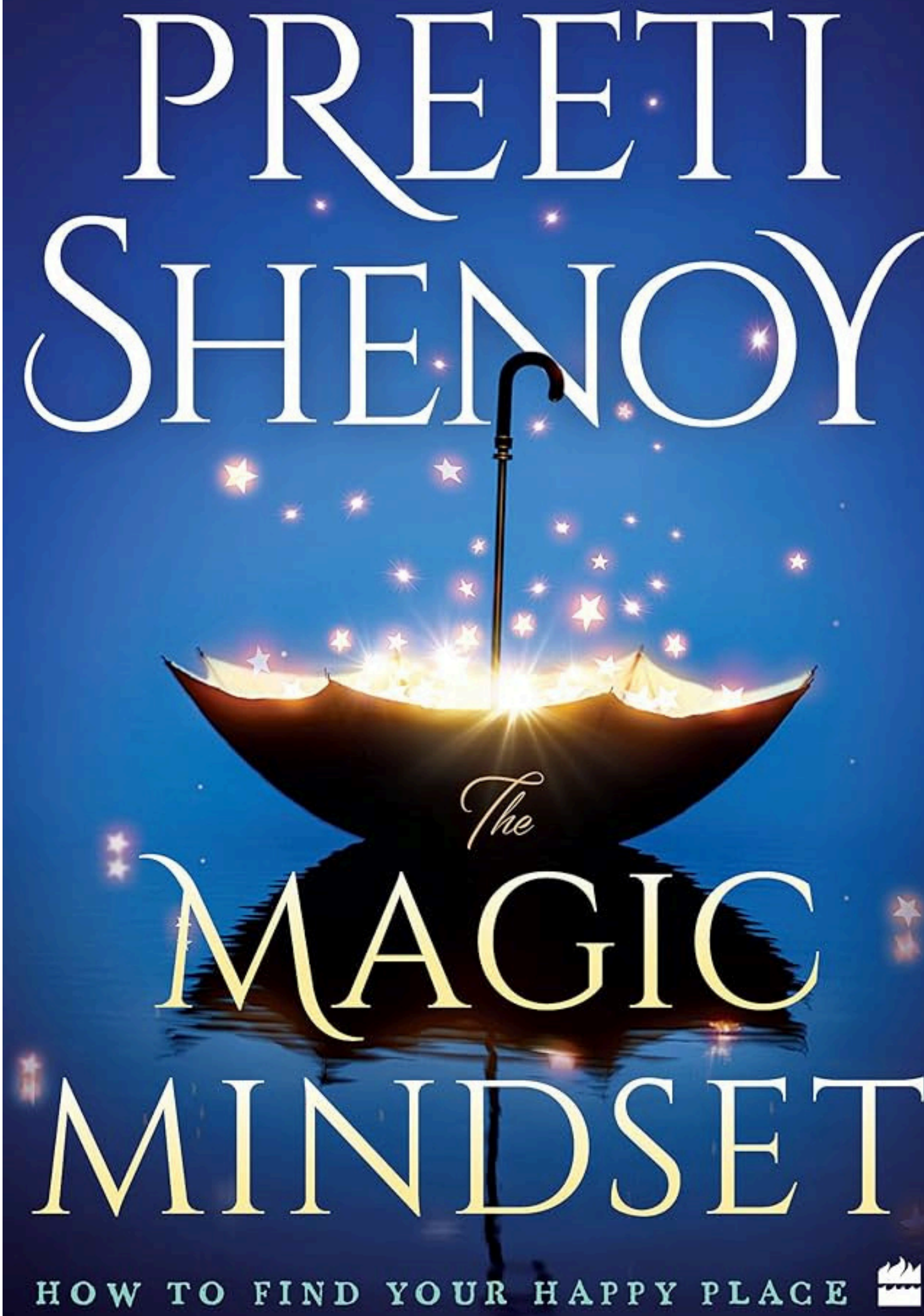


Magic Mindset

Book Highlights



The magic mindset means accepting sadness and being aware of adverse situations while taking small steps to go through them

It teaches us to be patient, allowing the grief and hopelessness to flow through us till it no longer control our actions

By taking small actions at a time, & by being consistent, all of us have the power to change our reality if we so desire

**Our thoughts have power; ideas have power.
People we interact with also have the power to influence our thoughts and thus our actions**

Doing something undifferentiated means you might underperform but it also means you might change the game entirely

If you do what everyone else is doing, you will be the same as them

Magic Mindset For Money

1) Always Look Ahead

It is possible to get through the most difficult of times as long as we are willing to work and put in the effort.

Don't sit back, doing nothing.

Look for opportunities and grab them

Magic Mindset For Money

2) See With Your Mind, Not Eyes

If you can't see with your mind, then you've lost everything. It is vital to imagine what can be, instead of what is. Only when you can imagine can you take steps to achieve it?

Law of Attraction & the Power of Manifestation state that what we focus on, grows

Magic Mindset For Money

3) Want It Badly & Believe It Coming

For the law of attraction to work for you, you need two things

Whatever you write down must be what you need *very badly*

It must be what you truly wish to attract and you should feel it deeply

You must believe that it *is* coming.

You should also be willing to accept that if it was not given to you, it means that it was not for your highest good and that something even better is coming

Steps To Practice

Focus on the life you wish to create.

Close your eyes and imagine.

Say or write the affirmation.

Then forget about it and go about your daily business

That's all you have to do

Change happens only when you're willing to think differently, when you do what nobody else is doing, and risk looking like a fool because of it

Analyse Expense & Cut Down

Spend Less

Use Cash Only

Catch Little Things

Cut Your Losses

Save Electricity

**Create Passive Streams Of
Income**

Make A Monthly Budget

**Money will buy a bed but not sleep;
books not brains;
food but not appetite;
medicine but not health;
luxuries but not culture;
amusement but not happiness**

Whenever we are worried about money, we should follow the seeps and then remind us of 3 things

1.No matter what the current situation is & hopeless it seems, it shall pass

2. Our happiness needn't depend on our bank balance.

3. No matter how much we make, it will never be 'enough'

Principle 1

Communicate, Communicate & Add Some Kindness

Principle 2

Take Out Time To Put In The Work

Principle 3

Bring Back The Fun

What we express gratitude for, multiplies

We are allowed to feel what we feel.

One of the most crucial steps in making the change towards positivity is accepting what we feel instead of suppressing it.

We must allow ourselves to experience sadness & be with it for a while as what we feel is valid and real.

It's not always possible to 'look at the bright side'

Learn to deal with uncomfortable emotions we experience- grief, anger, helplessness.

If you want to acknowledge difficult emotions, try talking out loud to yourself or writing things down.

Once the emotions are identified and expressed our primary emotion, you are ready to take the next step

How To Change What You're Currently Feeling?

Self Accountability

Change the Location

Change the Atmosphere

Move Physically

Clear The Clutter

Rely On Music

**Learn to 'switch off' & focus on
what you can control**

The 14 Day Challenge

The only way to practice the Magic Mindset is to actually DO IT.

Day 1 Simple massage for tired feet

Day 2 Organize your desk/wardrobe

Day 3 Make a change in the room

Day 4 Try a new recipe

Day 5 Try social media detox

Day 6 Dress well

Day 7 Gift yourself something

**Record your progress in week 2 if you've
completed all the tasks of week 1**

Day 1 Smile & Greet

Day 2 Surprise someone with a flower/gift

Day 3 Share an inspiring story

Day 4 Call a senior citizen/friend

Day 5 Write a kind message/note

Day 6 Say only positive things

Day 7 Cook a meal for a homeless person

Disclaimer

**This is just a summary. For a better understanding,
reading the book is highly recommended**

**This summary is as per my interpretation and learning
Please excuse any errors**

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