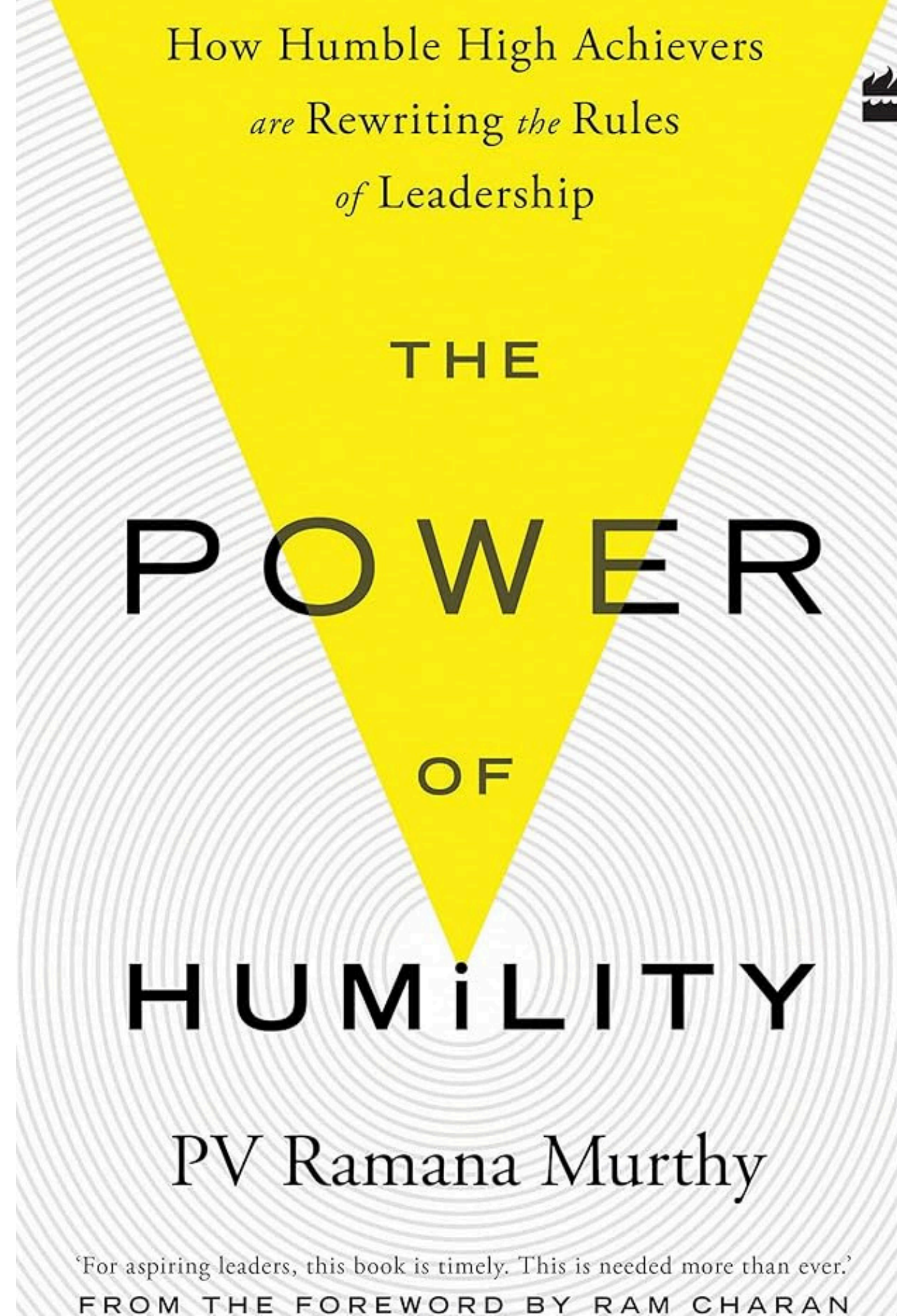


The Power Of Humility

Book Highlights



How Humble High Achievers
are Rewriting the Rules
of Leadership

THE
POWER
OF
HUMILITY

PV Ramana Murthy

'For aspiring leaders, this book is timely. This is needed more than ever.'

FROM THE FOREWORD BY RAM CHARAN

At the core of every philosophy and every faith, humility is a foundational principle

In the Bhagavad Gita, a learned person is the one with humility, and without ego

And In our book, humility is defined at two different levels:

Individually- Putting others ahead of us

In a company- Putting employees' interests ahead of other stakeholders' interests

**In the book “Good To Great: Why Some Companies Make
The Leap ..And Others Don’t”**

**Collins highlights the idea of ‘Level 5 Leadership’
that calls for a combination of deep personal
humility & intense professional will.**

Attributes of a leader with personal humility

Modesty

Avoidance of boastful talk,

Looking into the mirror & not out of the window

Setting up successors for even more greatness

Acting with quiet & calm

Replying principally on inspired action

Channeling ambition into company not oneself

Make profits through employees, not at their cost.

It's a cognitive-affective process where leaders use their cognitive and emotional capabilities to make different decisions by putting their employees first and ensuring better results for the firm

7 Features Of Successful Organisation

High Compensation

Self-managed Teams

Employment Security

Reduced Status Distinction

Decentralisation

Excessive Training

Sharing Financial & Performance Information

Multiple Criteria For Personnel Selection

A Humble Leader

Attributes

Positive about Possibilities

Path Showing

Lightheartedness

**Evolutionary Frame Of
Mind**

Behavior

Intensity

Mindful

Gratitude

**Establishing and Emotional
Connect**

A leader must have an 'Asset Mindset'

Instead of focusing on what you lack, you must take stock of what you already have in terms of resources, abilities & pure will.

When you focus on what's right you build zeal, energy, strengthen relationships, & move people and productivity to the next level

An Appreciative Mindset

It has 3 attributes

Curiosity

Intellectual curiosity sets humble leaders apart

They try to learn about what other person knows, how their skills and knowledge might enrich the leaders' decisions or help in their pursuit

Purpose

As per the writer Alexander Chalmer, the 3 essentials of happiness are: something to do, love, and hope for.

Purpose gives meaning to our lives & leads to such happiness.

It's what drives leaders forward and gives them the energy to achieve targets beyond the rest of them

Co-Creation

Cortisol (C), is the neurotransmitter released when we are stressed and fearful, and Oxytocin (O) is released when we feel heard & understood

For humble leaders, co-creating something with the team isn't about the position but skill and knowledge that helps them focus on the other person bringing the best results forward

Mental Contrasting: Visualize The Future, Differently

It entails focusing on our dreams and visualizing the obstacles that stand in our path

By doing so, we can address our fears, and make concrete plans, and gain the energy to act.

The 4 steps to follow are: Wish, Outcome, Obstacle & Plan

Lighthearted Approach In A Workplace

Ability to distinguish between person & problem

Emphasis on effort over outcome

Treating mistakes as mistakes

The Art Of Intensity

It is a leadership tool if you find the right balance between personal humility and professional will.

It ensures that you are focused and committed, not angry or irrationally obsessed

Intense leaders are energetic, have a tremendous drive to get things done, & an unrelenting focus on achieving the goals that forces others into action

3 Attributes That Contribute to Your Intensity

1. High-Impact Decision Making

2. Willingness To Learn

3. Trust

Mentalize & Being Mindful

It is the ability to make sense of both our and others' mental states.

Humble leaders can develop this by taking notes of the things said and not said by the people around them

Being Mindful means having control over your attention. You can have your attention whenever and at whatever you want and shift it when needed.

Disclaimer

**This is just a summary. For a better understanding,
reading the book is highly recommended**

**This summary is as per my interpretation and learning
Please excuse any errors**

**Thank You For Reading
For more updates, follow
www.unleashtheyou.com**