



Leaves of Life



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LEAVES OF LIFE

BOOK HIGHLIGHTS

ROCK NO. 10

You can list issues that you've been scared of doing and then take them up one by one.

Striking a point off from the list gives an exhilarating feeling of happiness.

Do it, rather than brooding or finding reasons to avoid doing it. Accomplishing a task boosts confidence, gives a feeling of satisfaction, and boosts the self- esteem too.

Taking Risk Pays

Do something that has always been on your mind but you have never attempted before.

With proper planning and strategizing, not only physical but even mental barriers can be breached.

Exercise regularly- It makes you fit and more alert. Being physically fit and mentally alert helps you respond to unforeseen situations.

Small Town Girl

**Education is not only learning the syllabus but also practical skills,
which stands by us in life**

Our best emerges only when we are natural and TRUE to ourselves

Catching Up

Imaginative use of testing times is indeed a choice we have in our own hands

When going through rough times, make a list of what you've always wanted to do, but been busy to do. Do it.

Keep yourself occupied. Shun brooding and negativity

'Spring' cannot be far behind; thus 'lean times' identify areas where you can improve yourself and start the same immediately

The Blink Moments

Silence helps to be in touch with your real inner being. Yoga, meditation, and pranayama are extremely healthy & healing

“You’ll find something more in the woods than in the books. Trees & stones will teach you what you can never learn from masters

Steady Are The Hands That Rock the Cradle

Concentrate on the job at hand. Avoid negativity, the rest shall follow.

Don't waste energy in unnessecary arguments; Be polite.

Have a regime for physical fitness; it makes you mentally agile too

Steady Are The Hands That Rock the Cradle

Make it a daily routine to walk, run, exercise and remain fit

Fix a time slot for it or you may miss it. Physical fitness & Mental agility help a lot in the day-to-day chores and give tremendous confidence too

Is Marriage The End?

Identify your strong & weak points and note them while selecting a career

Initiate a healthy and open discussion with family & friends for this purpose

Take help of your teachers who can be a great help in the career selection

Is Marriage The End?

Their awareness about career opportunities is usually more than the students.

Actively seek out people who are well informed about career choices.

You may join youth clubs/wings of reputed organizations and seek career related information

Exposure to Foreign Culture

**Continue with your education. Enroll in some educational institute/
course of interest & passion even if you've started working**

Interact with people from diverse backgrounds

**Don a student's perspective and leave the cloak of cynicism behind;
you'll be a different person soon**

Days Of Learning

Hard work during the initial years of one's career is a long term investment that pays handsome returns

Work hard; Creature comforts take care of themselves.

Try to understand the techniques & minute details of your work. It shall improve your performance

Your colleagues & friends should know that you respect your work and it is your top priority.

Enhance Your Learning

During vacations, intern with different organizations.

If we interact with persons from diverse fields, it's good for our growth

During an internship one gains meaningful perspective about that firm. Further, it gives opportunity to watch & learn from the team work and leadership styles

Guru - Mentor

Keep your mind open. Read Guru Dev Rabindranath Tagore

Learn from people with specialized skills & continuously upgrade yourself

Giving time to your personal growth is the best gift you can give yourself. Learn new skills, develop hobbies, read & try meditation.

DO IT

Disclaimer

This is just a summary. This summary is as per my interpretation and learning Please excuse any errors

For a better understanding, reading the book is highly recommended

Please excuse any errors

Thank You For Reading

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